

**PRO+GAIN**  
MAXIMISE YOUR POTENTIAL  
**100% Pure**  
**Amino Complex**  
Essential Building Blocks  
120 tablets

## KEY FUNCTION

**Amino Acids** - are an important class of organic compounds both the amino ( $\text{-NH}$ ) and carboxyl ( $\text{-COOH}$ ) groups; Of these acids 20 serve as the building blocks of proteins, known as the standard, or alpha, amino acids; Amino Acids are the 'building blocks' of the body; Besides building cells and repairing tissue they form antibodies to combat invading bacteria and viruses; they are part of the enzyme and hormonal system; they build nucleoproteins (RNA and DNA); they carry oxygen throughout the body and participate in muscle activity;

**Low Allergy formula** - Free of salt, starch, gluten, yeast, lactose and wheat, milk, added preservatives, artificial colours, no added sucrose

## RECOMMENDED DOSAGE

Take 2 to 4 tablets a day

